

Free Yoga in Daily Life classes, Satsangs, and programs on the occasion
of the „International Day of Yoga” in Hungary
(21. June 2015)
www.joga.hu

Budapest

FREE YOGA CLASS - Khatu Pranam with mantras.
in Guru Ashram - Baross u. 121. - Budapest, Hungary
21st June 2015, 11 am

=====

FREE YOGA CLASS - Khatu Pranam with mantras.
in Guru Ashram - Baross u. 121. - Budapest, Hungary
21st June 2015, 5 pm

=====

SATSANG about the beneficent effects of Khatu Pranam and mantra.
followed by Bhandara (vegetarian dinner).
in Guru Ashram - Baross u. 121. - Budapest, Hungary
21st June 2015, 6 pm

=====

YOGA DEMONSTRATION AND PRACTICE ON THE JOINT EVENT WITH THE INDIAN EMBASSY,
in "Bálna Cultural Center", Fővám tér 11-12. Budapest, Hungary
Yoga in Daily Life: Harmony of Meditation in Practice
21st June 2015, 3 - 3:30 pm

=====

FREE YOGA CLASS - Khatu Pranam with mantras and correct breathing
Sadhana Yoga Studio, Bartók Béla u. 51 - Budapest, Hungary
21st June 2015, 9.15 am

=====

FREE YOGA CLASS - Khatu Pranam with mantras and correct breathing
Sadhana Yoga Studio, Bartók Béla u. 51 - Budapest, Hungary
21st June 2015, 10.15 am

=====

FREE YOGA CLASS - Khatu Pranam with mantras and correct breathing
Sadhana Yoga Studio, Bartók Béla u. 51 - Budapest, Hungary
21st June 2015, 11.15 am

=====

FREE YOGA CLASS - Khatu Pranam with mantras and correct breathing
Sadhana Yoga Studio, Bartók Béla u. 51 - Budapest, Hungary
21st June 2015, 12.15 am

=====

FREE YOGA CLASS - including Khatu Pranam
Szatszang Yoga Center, Maros u. 11, Budapest – Hungary
21st June 2015, 9.30 am

=====

FREE YOGA CLASS - Khatu Pranam with mantras and correct breathing
Szatszang Yoga Center, Maros u. 11, Budapest – Hungary
21st June 2015, 11.30 am

=====

FREE YOGA CLASS - including Khatu Pranam
Szatszang Yoga Center, Maros u.11., Budapest, Hungary
15th June 2015, 8 am

=====

FREE YOGA CLASS - including Khatu Pranam
Szatszang Yoga Center, Maros u.11., Budapest, Hungary
15th June 2015, 5.30 pm

=====

FREE YOGA CLASS - including Khatu Pranam
Szatszang Yoga Center, Maros u.11., Budapest, Hungary
16th June 2015, 7.30 am

=====

FREE YOGA CLASS - including Khatu Pranam
Szatszang Yoga Center, Maros u.11., Budapest, Hungary
16th June 2015, 4 pm

=====

FREE YOGA CLASS - including Khatu Pranam
Szatszang Yoga Center, Maros u.11., Budapest, Hungary
16th June 2015, 6 pm

=====

FREE YOGA CLASS - including Khatu Pranam
Szatszang Yoga Center, Maros u.11., Budapest, Hungary
17th June 2015, 7 am

=====

FREE YOGA CLASS - including Khatu Pranam
Szatszang Yoga Center, Maros u.11., Budapest, Hungary
18th June 2015, 10.30 am

=====

FREE YOGA CLASS - including Khatu Pranam
Szatszang Yoga Center, Maros u.11., Budapest, Hungary
18th June 2015, 5 pm

=====

FREE YOGA CLASS - including Khatu Pranam
Szatszang Yoga Center, Maros u.11., Budapest, Hungary
18th June 2015, 7 pm

Békéscsaba

YOGA IN THE PARK - Khatu Pranam
in Csaba Park - Békéscsaba, Hungary
21st June 2015, 3-6 pm.

Ceglédbercel

YOGA FOR CHILDREN
Dózsa György Community Center, Pesti út 96. - Ceglédbercel, Hungary
15th June 2015, 9 am - 12 pm

Debrecen

FREE YOGA CLASS AND SATSANG
in Yoga in Daily Life Center Debrecen, Külső vásártér 3. 11/12. - Debrecen, Hungary
21st June 2015, 3-30-8 pm

=====

YOGA IN THE HOTEL
Hotel Aquaticum, Debrecen, Hungary
22nd June 2015, 4.30 - 6 pm

Érd

FREE YOGA CLASS - Khatu Pranam with mantras
Yoga Association Érd, Kutyavári út 34. Érd – Hungary
20th June 2015, 4.30 pm

=====

SATSANG ABOUT KHATU PRANAM
Yoga Association Érd, Kutyavári út 34. Érd – Hungary
20th June 2015, 6 pm

=====

FREE YOGA CLASS - Khatu Pranam
Yoga Association Érd, Kutyavári út 34. Érd – Hungary
21st June 2015, 7 am

=====

FREE YOGA CLASS
Yoga Association Érd, Kutyavári út 34. Érd – Hungary
21st June 2015, 9 am

=====

FREE YOGA CLASS - Khatu Pranam
Yoga Association Érd, Kutyavári út 34. Érd – Hungary
21st June 2015, 11 am

=====

YOGA IN THE PARK - Practice of Khatu Pranam
Park in Fürdő utca, Érd – Hungary
21st June 2015, 11 am

Esztergom

FREE YOGA CLASS - practice of Khatu Pranam
Reader's House of Szentgyörgymező, Esztergom – Hungary
21st June 2015, from 2 pm

=====

SATSANG ABOUT KHATU PRANAM
Reader's House of Szentgyörgymező, Esztergom – Hungary
21st June 2015, from 4.30 pm

Gyula

YOGA AT THE ORGANIC MARKET
Szakajtó Organic Market- Gyula, Hungary
21st June 2015, 9 am -12 pm

=====

YOGA IN THE PARK - Free Yoga Practice
Castle Garden - Gyula, Hungary
21st June 2015, 3-6 pm.

Kecskemét

FREE YOGA CLASS - Khatu Pranam and Saraw hitta asanas
Yoga in Daily Life Association - Kindergaden in Bíró Lajos Str. - Kecskemét, Hungary
18th June 2015, 6 pm

=====

YOGA CLUB - Questions and answers about Khatu Pranam
Yoga in Daily Life Association, Simonyi utca 7. I./3. - Kecskemét, Hungary
20th June 2015, 3 pm

=====

FREE YOGA CLASS - Khatu Pranam, pranayama, meditation
Yoga in Daily Life Association, Simonyi utca 7. I./3. - Kecskemét, Hungary
21st June 2015, 9 am

=====

VEGETARIAN LUNCH, following with discussion on healthy diet
Yoga in Daily Life Association, Simonyi utca 7. I./3. - Kecskemét, Hungary
21st June 2015, 12 pm

=====

FREE YOGA CLASS - Yoga nidra
Yoga in Daily Life Association, Simonyi utca 7. I./3. - Kecskemét, Hungary
21st June 2015, 1 pm

Kocs

FREE YOGA CLASS - practice of Khatu Pranam outdoors
in the garden of the town hall, Kocs – Hungary
21st June 2015, from 8.30 am

Nyíregyháza

YOGA IN THE SCHOOL
Krúdy Gyula High School, Nyíregyháza, Hungary
21st June 2015, 4-6 pm

Paloznak

YOGA FOR CHILDREN IN THE CHURCHYARD
Boldog Apor Vilmos utca 2., Paloznak, Hungary
21st June 2015, 9 am

=====

YOGA IN THE CHURCHYARD - Practice of Khatu Pranam
Boldog Apor Vilmos utca 2., Paloznak, Hungary
21st June 2015, 10 am

Tata

YOGA IN THE PARK - practice of Khatu Pranam
in the garden of Juniorka Kindergarden, Tata – Hungary
21st June 2015, 9 am

Tatabánya

FREE YOGA CLASS - practice of Khatu Pranam with mantras
Földi Imre Sport Stadium, Tatabánya – Hungary
21st June 2015, 5.15-5.55 pm

Szeged

FREE YOGA CLASS - Khatu Pranam and Saraw hitta asanas
Yoga in Daily Life Association, Szeged, Kálvária tér 16 - Hungary
15th June 2015, 6pm

=====

FREE YOGA CLASS - Khatu Pranam and Saraw hitta asanas
Yoga in Daily Life Association, Szeged, Kálvária tér 16 - Hungary
16th June 2015, 6pm

=====

FREE YOGA CLASS - Khatu Pranam and Saraw hitta asanas
Yoga in Daily Life Association, Szeged, Kálvária tér 16 - Hungary
17th June 2015, 6pm

=====

VEGETARIAN COOKING WORKSHOP - theory and practice
Yoga in Daily Life Association, Szeged, Kálvária tér 16 - Hungary
18th June 2015, 3pm

=====

FREE YOGA CLASS - Khatu Pranam and Saraw hitta asanas
Yoga in Daily Life Association, Szeged, Kálvária tér 16 - Hungary
18th June 2015, 6pm

=====

FREE YOGA CLASS - Khatu Pranam and Saraw hitta asanas
Yoga in Daily Life Association, Szeged, Kálvária tér 16 - Hungary
19th June 2015, 6pm

=====

TRIP REPORT - Nepal, wondering on the top of the world
Yoga in Daily Life Association, Szeged, Kálvária tér 16 - Hungary
20th June 2015, 4pm

=====

FREE YOGA CLASS - Khatu Pranam and Saraw hitta asanas
Yoga in Daily Life Association, Szeged, Kálvária tér 16 - Hungary
20th June 2015, 6pm

=====

FREE YOGA CLASS - Khatu Pranam with mantras
Yoga in Daily Life Association, Szeged, Kálvária tér 16 - Hungary
21st June 2015, 10am

=====

FREE YOGA CLASS - Refresh yourself with pranayama
Yoga in Daily Life Association, Szeged, Kálvária tér 16 - Hungary
21st June 2015, 11 am

=====

FREE YOGA CLASS - self-inquiry meditation
Yoga in Daily Life Association, Szeged, Kálvária tér 16 - Hungary
21st June 2015, 12 pm

=====

VEGETARIAN LUNCH, following with discussion on healthy diet
Yoga in Daily Life Association, Szeged, Kálvária tér 16 - Hungary
21st June 2015, 1 pm

=====

FREE YOGA CLASS - Yoga nidra
Yoga in Daily Life Association, Szeged, Kálvária tér 16 - Hungary
21st June 2015, 2 pm

=====

BHAJANS - Indian spiritual songs
Yoga in Daily Life Association, Szeged, Kálvária tér 16 - Hungary
21st June 2015, 3 pm

=====

SATSANG - Ancient wisdom of Yoga
Yoga in Daily Life Association, Szeged, Kálvária tér 16 - Hungary
21st June 2015, 4 pm